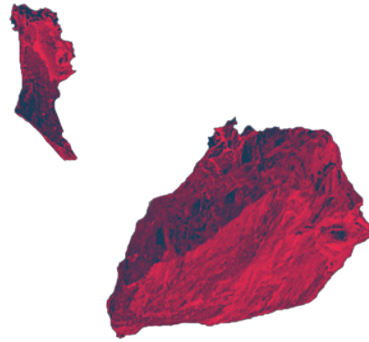


**RACEBOOK
PARAGLIDER**

**39. RED BULL
DOLOMITEN
MANN**

12.09.2026

PARAGLIDING COURSE 2026



Kuhbodentörl

Wait for mountain runners at the handover zone – Kuhbodentörl 2,441 m – after the HAND OVER, run to the start with your paraglider packed. At the time of the handover, helmets, harnesses and emergency parachutes are already compulsory!

First flight: there is a cone that needs to be correctly (eastwards) cleared. This can be found at the coordinates 12°45'24"-46°46'43". Failing to fly around the cone correctly will result in disqualification and the removal of the participant's team from the standings. After encircling the cone, continue to fly to Taxermos.

First landing: The first landing ground of Taxer Moos (1000m) is on a flat mountain meadow with a windsock surrounded by trees, and at the discretion of the pilot, nearby areas can be approached for landing. In strong wind use the lee side! There is no specified landing area but a checkpoint (Red Bull arch) must be crossed on foot. Landing must be before the white line, otherwise disqualification will result. Ascend to the second start with paraglider on shoulder.

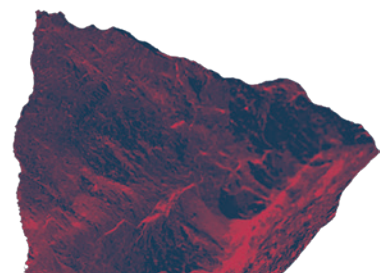
Second start: "Ladies' start" (1,120m) across a shallow incline and through a forest aisle. The start must take place over the marked 1,120 m line, otherwise paragliders can start from a spot of their choice. Hard farmland ground, a 20-30° gradient, and a windsock all mark the starting point. Wind generally comes from the northeast to the southeast. Aborted take-offs are possible at any time! Second flight: after crossing the mountainside, the landing spot at the Dolomiten Stadium in Lienz can be clearly seen.

Second landing: participants are free to choose whether to land at the main landing site (Dolomitenstadion in Lienz) or an alternative landing site (fields around the stadium). The football pitch is to be approached in the direction indicated (with arrows). Disqualification will result should you endanger another contestant or fail to respect the stipulated direction of landing. In all cases, half a lap around the stadium needs to be completed along the marked course (with a helmet)! When handing over, the pilot must still have his helmet on – handing over without a helmet will result in disqualification. A white arrow shows the direction of approach, and a cross signals that the landing zone is closed!

The collective start for paragliders starts at 12.00 at Kuhbodentörl for all athletes whose mountain running team mates are yet to reach the finish line. Athletes who fail to reach the second start (Ladies' start) by 13.00 will be taken out of the race.

Lienz, Dolomitenstadion

- Finish (686m Seehöhe)



Conditions

Helmet, emergency parachute, paragliding license (previously special pilot license) are compulsory. The submission of a paragliding license (special pilot's license) is absolutely essential!!! The paragliders' license (special pilot's license) will be checked at the race office on Friday! After the starter gives a window for flying, each individual start is at the pilot's discretion. The windsock should provide final guidance. Watch out: High alpine territory! Please wear suitable footwear!

Transport of gliders

Paragliders will be flown by the organising committee to Kühbodentörl. Those planning to fly on Friday need to hand their gliders in by 9.00 am at the Parking Lot Europaplatz (Lienz). On race day the gliders are to be handed in by 7.00 am at Europaplatz. Transport will be provided to take participants to Hallebach on both Friday and Saturday. The participants must then climb around 1½ hours to the actual starting point. There is no possibility of participants taking their own paragliders!

Watch out

Only paragliders certified according to EN and LTF standards (up to a maximum of EN D and LTF 2-3) are permitted. Gliders must be flown within the certified weight range, and each pilot's take-off weight will be checked immediately before the start. Paragliders must be in certified condition, including correct accelerator travel, trimming, and riser setup. The certification of the glider, as well as the harness/protector combination, must be completed and published on the website of the respective certification authority by August 1, 2026 at the latest. If this certification is not completed and publicly available by the deadline, the glider may not be used at the Dolomitenmann. Each pilot is personally responsible for ensuring that their paraglider and harness/protector combination are in certified condition. The organizers will pay particular attention to any tampering with the original trim, accelerator range, or risers that may be intended to gain a competitive advantage. By August 22, 2026, you must notify us by email which glider and harness/protector combination you will be using. You must include the manufacturer, glider model, and size. (Email: info@dolomitenmann.com)

The total line length, including risers, is measured from the attachment point to the canopy. The tolerance for the angle of attack is ± 1 cm. Manufacturer specifications for the length from riser - attachment point - canopy - bottom surface are used as reference values. The difference between the A and C line levels is measured. Lines are tested under a tension of 5 kg. For accelerator travel, a tolerance of ± 0.5 cm is permitted. Measurements are taken according to the manufacturer's specifications (e.g. axis-to-axis, pulley-to-pulley).

Harness

The harness must be certified according to LTF standards and must be in approved condition (with original protector). In addition, the harness/protector combination must be commercially available..

Rescue Parachute

A functioning rescue system must be carried and will be checked in Leisach. The release and function of the rescue must not be changed on the harness or impeded or made impossible.

Important information on training

Landing on Moosalm before race day is forbidden by the landowners and could lead to prosecution for trespassing! Out of your own interest, it would be good to respect that. Training is done at every participant's own risk. The course is open for inspection only. Help from others is forbidden.

