

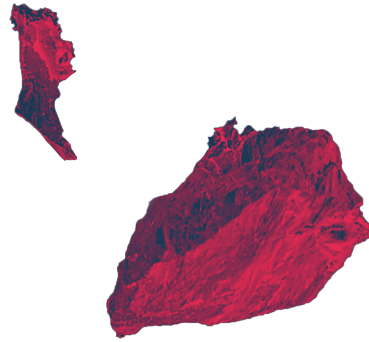
**RACEBOOK  
PARAGLIDER**



**38. RED BULL  
DOLOMITEN  
MANN**

**06.09.2025**

# PARAGLIDING COURSE 2025



## Kuhbodentörl

Wait for mountain runners at the handover zone – Kuhbodentörl 2,441 m – after the HAND OVER, run to the start with your paraglider packed. At the time of the handover, helmets, harnesses and emergency parachutes are already compulsory!

First flight: there is a cone that needs to be correctly (eastwards) cleared. This can be found at the coordinates 12°45'24"-46°46'43". Failing to fly around the cone correctly will result in disqualification and the removal of the participant's team from the standings. After encircling the cone, continue to fly to Taxermoos.

First landing: The first landing ground of Taxer Moos (1000m) is on a flat mountain meadow with a windsock surrounded by trees, and at the discretion of the pilot, nearby areas can be approached for landing. In strong wind use the lee side! There is no specified landing area but a checkpoint (Red Bull arch) must be crossed on foot. Landing must be before the white line, otherwise disqualification will result. Ascend to the second start with paraglider on shoulder.

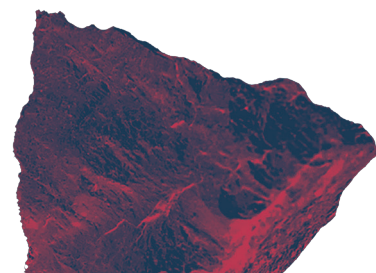
Second start: "Ladies' start"(1,120m) across a shallow incline and through a forest aisle. The start must take place over the marked 1,120 m line, otherwise paragliders can start from a spot of their choice. Hard farmland ground, a 20-30° gradient, and a windsock all mark the starting point. Wind generally comes from the northeast to the southeast. Aborted take-offs are possible at any time! Second flight: after crossing the mountainside, the landing spot at the Dolomiten Stadium in Lienz can be clearly seen.

Second landing: participants are free to choose whether to land at the main landing site (Dolomitenstadion in Lienz) or an alternative landing site (fields around the stadium). The football pitch is to be approached in the direction indicated (with arrows). Disqualification will result should you endanger another contestant or fail to respect the stipulated direction of landing. In all cases, half a lap around the stadium needs to be completed along the marked course (with a helmet)! When handing over, the pilot must still have his helmet on – handing over without a helmet will result in disqualification. A white arrow shows the direction of approach, and a cross signals that the landing zone is closed!

The collective start for paragliders starts at 12.00 at Kuhbodentörl for all athletes whose mountain running team mates are yet to reach the finish line. Athletes who fail to reach the second start (Ladies' start) by 13.00 will be taken out of the race.

## Lienz, Dolomitenstadion

- Finish (686m Seehöhe)



### **Conditions**

Helmet, emergency parachute, paragliding license (previously special pilot license) are compulsory. The submission of a paragliding license (special pilot's license) is absolutely essential!!! The paragliders' license (special pilot's license) will be checked at the race office on Friday! After the starter gives a window for flying, each individual start is at the pilot's discretion. The windssock should provide final guidance. Watch out: High alpine territory! Please wear suitable footwear!

### **Transport of gliders**

Paragliders will be flown by the organising committee to Kühbodentörl. Those planning to fly on Friday need to hand their gliders in by 9.00 am at the Parking Lot Europaplatz (Lienz). On race day the gliders are to be handed in by 7.00 am at Europaplatz. Transport will be provided to take participants to Hallebach on both Friday and Saturday. The participants must then climb around 1½ hours to the actual starting point. There is no possibility of participants taking their own paragliders!

### **Watch out**

From now on, only EN and LTF approved paragliders (up to a maximum of EN D and LTF 2-3) can be flown. The paragliders need to be flown within the permitted weight rules, and every pilot's weight will be checked just before the start. Paragliders must be in an approved condition (accelerator distance, trim and harness...) Approval of gliders must be completed by 1st of August 2025 with details published on the website of the respective registration office. If the approval is not completed on time and published, then the glider cannot be used for the Dolomitenmann. Every pilot must ensure that his glider is in its certified condition. Organisers will be particularly aware of any attempt to alter the original trim, accelerator distance or harness to gain an advantage. Harness: The harness needs to be approved by the LTF and remain in its approved condition (original protector). Approval to EN standards is not sufficient! Emergency parachutes: A functioning emergency parachute system needs to be taken to and checked in Leisach. The release or rescuing functions must not be hindered or made impossible by changes to the harness. A declaration must be made by e-mail by 22nd of August 2025 at the latest of which glider you will use. Manufacturer, glider type and size, along with the harness used, must be specified. (Email: [info@dolomitenmann.com](mailto:info@dolomitenmann.com)) Each pilot will confirm that they have valid insurance for the paraglider they are using by signing the registration documents. As in previous years, a paragliding license (special pilots' license) must be shown to take part in the event and will be checked upon registration.

The total leash inclusive the carrying strap is measured from the point of attachment to the cap. The tolerance on the angle of attack is +/-1 cm. As a reference measure, the manufacturer's instructions are used for the length of the carrying strap, the suspension point - the cap and the bottom sail. The difference between the line levels A-C is measured. During the measurement, the lines are loaded with 5 kg of tension. For the measurement of the accelerator path a tolerance of +/- 0,5cm is allowed. Measurements are carried out according to manufacturer's instructions (axis-axis, roller-roller).

### **Harness**

The harness must be LTF approved and must be in approved condition (original protector).

### **Rescue Parachute**

A functioning rescue system must be carried and will be checked in Leisach. The release and function of the rescue must not be changed on the harness or impeded or made impossible.

### **Important information on training**

Landing on Moosalm before race day is forbidden by the landowners and could lead to prosecution for trespassing! Out of your own interest, it would be good to respect that. Training is done at every participant's own risk. The course is open for inspection only. Help from others is forbidden.

