



01. General

The Red Bull Dolomitenmann is an extreme sports event. Each participant must possess sufficient physical condition and experience in their discipline. Permission to start depends on the acceptance of the participation conditions. Each participant must sign the participation conditions during the bib number distribution. Furthermore, attendance at the "briefing" is mandatory, which will take place on September 8, 2023, at 6:00 PM. Any course is only open for inspection before and after the event. The inspection and training are the responsibility of the individual athlete, with consideration for the rights of local residents and property owners.

02. Eligibility to Start

All male individuals who have reached the age of 18 are eligible to start. For younger participants (absolute minimum age is 16 years), consent from the legal quardian(s) is required, to be provided at the signing of the participation conditions or during the bib number distribution.

03. Registration

The registration period for the 36th Red Bull Dolomitenmann begins on March 6, 2023, and ends on April 21, 2023. It is explicitly stated that registrations can only be considered if all 4 team members are registered with complete data and the entry fee is fully received in the organizer's account. If this is not the case, the application is considered not received. Registration is exclusively done through online registration on our website www.redbulldolomitenmann.com. Registrations received by mail, fax, or phone will not be considered. During the registration period, the current starting list with the confirmed starting spots up to that point will be published on our website. The organizer reserves the right to exclude individuals from participation at any time without providing reasons.

04. Entry Fee

The entry fee (€200 per person = €800 per team) is only to be transferred after receiving a starting spot. Each team captain will be notified for payment via email. If the payment deadline (posting on the organizer's account) fixed in the email is not met, the right to the allocated starting spot up to that point expires. If a team withdraws from the event within 21 days before the competition, the full entry fee will be refunded. After this point, refunds are not possible, and the entry fee is forfeited to the organizer.

05. Participant Limit

The number of participating teams through the qualification mode is limited to 90. Another 35 teams will be admitted to the race through wildcards, resulting in a total field of 125 teams of 4 individuals each.

06. Qualification Points

Each participant receives points in their discipline based on their placement in the Red Bull Dolomitenmann. The number of points awarded is staggered as follows: Participants who did not participate in the Red Bull Dolomitenmann in the previous year start with 0 points. For registration for the 35th Red Bull Dolomitenmann, the individual points of the team members are added up and ranked. The top 40 teams in terms of points receive a starting spot. The team composition does not have to match that of the previous year. For example, participants from 4 different teams can form a new team to accumulate more points for the 2023 application. After May 1, 2023, the remaining starting spots will be randomly distributed at irregular intervals among all registrations.

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07. Team Composition

For teams allocated a starting spot in the first registration phase, the following restrictions apply to the replacement of team members: Team members may only be replaced by athletes who have 0 or more Dolomitenmann points (see qualification points).

08. Applicable to All Teams

A maximum of 2 team members may be replaced. The official starting list will be available from September 7, 2023. After this point, no team member exchanges are allowed.

09. Personal Responsibility

It is at the discretion of the individual athlete to start the race, even if the race director gives the go-ahead. If the race director interrupts the race, participants must strictly follow the instructions. Furthermore, during the race, all relevant legal regulations must be observed (e.g., traffic regulations).

10. Health

Each participant is obligated to undergo a medical examination by a doctor before the race. By participating, they confirm that they are in good health and capable of meeting the demands of the race.

11. Courses

All courses partly lead through exposed areas. Therefore, it is recommended to inform oneself in advance about the nature, course, and potential dangers on the route. Caution is advised in general. Questions about the route should be asked during the briefing to avoid uncertainties and incorrect route choices, use of unauthorized paths/shortcuts, or missing mandatory gates, etc., by team members, and subsequently prevent disqualification. The routes are open for inspection only on the day before and the day of the competition. Using the race route during the race for non-participants is strictly prohibited!

12. Race Committee

The race committee reserves the right to change the route at any time, cancel a race, or evaluate it partially. In particular, at the race director's meeting on the day of the competition (7:30 AM), the race committee can change the route at short notice. The official announcement of the routes will be made during the briefing.

13. Bad Weather Alternative

The Dolomitenmann takes place in all weather conditions, If one or more races are not sufficiently safe due to any circumstances (weather, etc.), the affected races will be relocated, shortened, evaluated only partially, or canceled. The choice of alternative depends on the individual situation. In case of race cancellation, the Dolomitenmann will continue using the Gunderson method with the following discipline.

14. Official Personnel

The instructions of the official personnel of the organizer (race director, start and finish judges, timekeepers, course marshals, officials, medical teams, rescue services, police, and fire brigade) must be strictly followed. If an instruction is not followed, the respective participant will be disqualified. Disqualification is carried out immediately by the official personnel of the organizer on the racecourse or by the organizer before the end of the protest period, with evidence. This is especially applicable if a doctor or paramedic prohibits further participation due to medical reasons. Furthermore, disqualification occurs if, due to various circumstances (accident, etc.), the start is interrupted by official personnel of the organizer, but the competitor still starts or the respective race is continued. Officials will be wearing high-visibility vests or uniforms (rescue and safety services).





15. Aids

Participation in the sports event is exclusively by human muscular power, and as such, the use of aids (demonstrative enumeration: motorized assistance, crampons, weights during paragliding, attached rollers on the kayak for portage sections, doping, etc.), as well as the use of external assistance (demonstrative enumeration: pushing, pulling, riding along, accompanying, pacing, helping carry, etc.), of any kind, is strictly prohibited and will result in disqualification and a 2-year participation ban imposed by the organizer. Additional paragliding: Using motorized aids for ascent (e.g., motorcycle, car, or helicopter), other than those provided by the organizer, is forbidden and leads to immediate disqualification. The organizer strives to make the ascent to the start as comfortable as possible for all athletes. Individuals who are currently

16. Fairness

Unfair or dangerous actions of any kind towards other participants will result in immediate disqualification.

17. Scorina

Teams in which all 4 members have completed their discipline properly will be included in the team standings. If one or more team members are disqualified, the remaining members will be listed in the respective individual standings, but the team will still be disqualified.

18. Pro/Amateur Status

If a registered team has achieved more than 100 points overall in the previous year, it will be automatically classified in the professional class. Furthermore, no team starting in the amateur class may have a participant who achieved 31 or more Dolomitenmann points in the previous year! However, it is generally up to each team to start in the professional class. Furthermore, no member of an amateur team may be ranked among the top 15 in any of the 4 area association-managed official main World Cup rankings as of September 1 (excluding age-related [e.g., juniors, seniors, etc.] or special class rankings [e.g., disabled classes, etc.]). If there is no World Cup main ranking in the current year, the last valid World Cup ranking applies. If there is no World Cup ranking in the current year, the last valid World Cup ranking applies. An objection against the starting list is permissible until September 8, 2023, 5:00 PM (official announcement of the starting list). After this time, the starting list is irrefutable, and no protests/objections are allowed. The display/wearing of personal sponsors that compete with Red Bull Dolomitenmann's sponsors or operate in the same industry should not exceed a size of 8cm x 8cm on the athlete or sports equipment. Failure to comply may result in disqualification or a ban from starting by the marshals.

19. Sponsor Areas

It is prohibited for any participant to obscure or remove any sponsor area of the organizer (bib numbers, banners, headbands, etc.). Placing sponsors unrelated to the event along the route is prohibited. By participating in the Red Bull Dolomitenmann, the participant expressly grants the organizer, Red Bull GmbH, as well as the broadcasting TV and radio stations and photographers the irrevocable right to use the images (audio and video) taken of them in connection with their participation in the Red Bull Dolomitenmann without compensation and without temporal or spatial limitation using any technical means for any permissible purpose (especially for marketing purposes) and to publish them.

20. Time Limits

Race start: 10:00 AM Race finish: 4:30 PM

Expected winning time: 2:15 PM



At 11:15 AM, all mountain runners who have not passed the "Entrance Hallebachtal" checkpoint will be taken out of the race.

At 12:15 PM, all paragliders whose mountain runners have not reached the finish by this time will be allowed to start.

Ladies' start time limit (2-person start): 12:45 PM

At 12:45 PM, all mountain bikers whose paragliders have not yet reached the finish in the Dolomitenstadion will be sent into the race in a mass start.

3:10 PM time limit at Hochstein Kreuz

3:45 PM time limit at "Lakatatrail"

At 3:00 PM, the block start for whitewater kayaks in Leisach will take place.

4:10 PM time limit at Katarakt

For all athletes who do not meet the time limit, their bib numbers will be taken, and they can collect them from the race office after the race ends. The official race end is at 4:30 PM. Anyone reaching the finish after this time will not be included in the individual standings or the official final standings for teams. Additional: These time limits can be changed due to potential delays (e.g., due to weather) or alternative routes. Athletes will be informed in advance by the organizer.

21. Environment

The route partly leads through high-alpine terrain. Each participant must ensure that the race route and the surrounding landscape are impacted as minimally as possible.

22. Race Committee / Protest Committee

The race committee exclusively decides on all contentious matters. Protests must be submitted in writing at the race office on the race day by 5:30 PM at the latest, with a fee of €300. If the protest is upheld, the fee will be refunded; otherwise, the protest fee is forfeited to Wings for Life. The race committee makes a final written decision on the protest by 6:00 PM at the latest. No further appeals are permissible against the conclusive decision of the race committee.

23. Race Committee Members

Race Committee General Management
Werner Grissmann - Chief Organizer
Nikolaus Grissmann - Deputy Chief Organizer
Stefan Mayr - Deputy Chief Organizer
Peter Mayr - Race Director
Thomas Zimmermann - Race Management
Johann Schneider - Race Management
Dr. Veit Krösslhuber - Race Doctor

24. Race Directors by Discipline

Mountain Running: Siegfried Girstmair Paragliding: Markus Hainzer Mountain Biking: Manfred Hofmann Whitewater Kayak: Günther Oberwalder





25. Image Rights

By participating in the Red Bull Dolomitenmann, each participant grants the organizer, Red Bull GmbH, and affiliated TV and radio broadcasters and photographers the irrevocable right to use the images (audio and video) taken of them in connection with their participation in the Red Bull Dolomitenmann without compensation and without temporal or spatial limitation, using any technical means for any permissible purpose (especially marketing purposes), and to publish them.

26. Liability

Participation in the Red Bull Dolomitenmann involves certain and uncertain risks for the participants. By signing the terms and conditions of participation, the participant declares that if they suffer damage or injury, they will not make any claims of any kind against the organizer, the associations responsible for the races, or Red Bull GmbH or its affiliated companies. Furthermore, the participant confirms by signing the terms and conditions of participation that they have personal liability insurance, personal leisure accident insurance, and mountain rescue insurance that covers their participation in the Red Bull Dolomitenmann. The participant will hold the organizer, Red Bull GmbH, and affiliated companies harmless for all damages incurred by them as a result of their participation in the Red Bull Dolomitenmann.

27. Note

The organizing committee reserves the right to deviate from the regulations in individual cases. These decisions do not affect the overall regulations and apply only to this specific case.